

2009-2010 WILDERNESS FIRST AID BASICS (American Red Cross)

DATES: Two classes are available:
Class 1 –Wednesday evenings, September 23 and 30, October 21 and 28, 2009, 7-10 pm each night OR
Class 2 – Wednesday evenings, February 3 and 24, and March 24 and 31, 2010, 7-10 pm each night
You must attend each session of the class you choose to receive your certificate. Please plan your schedule accordingly.

LOCATION: Camp Belzer, Training Building, 6102 Boy Scout Road, Indianapolis (off 56th Street).

BOOKS: *Each participant must obtain the following textbooks prior to the start of class:* "Mountaineering First Aid 5th Edition", \$12.95; "Wilderness First Aid Basics Student Guide", \$15.00; "When Help is Delayed" \$7.00. Textbooks are available from the Scout Shop in Indianapolis. You must have these books in your possession to take the course. This is a Red Cross requirement and cannot be waived. Book prices may increase before classes start.

COST: The \$40.00 course fee covers first aid materials. Send your payment to Crossroads of America Council, Attn: Sherry Webb, 1900 North Meridian Street, PO Box 1966, Indianapolis, IN 46206 (swebb@crossroadsbsa.org).

The Philmont Scout Ranch A Unit and Council Planning Guide states:

"FIRST AID AND CPR CERTIFICATION REQUIRED (Note: THE REQUIREMENT WAS NEW IN 2008)

Philmont requires that at least **one person**, preferably two, (either an advisor or a youth participant) **in each crew be currently certified in American Red Cross Wilderness First Aid basic or the equivalent and CPR from the American Heart Association, the American Red Cross or the equivalent.** The American Red Cross Wilderness First Aid is a sixteen hour course designed to help in situations when help is not readily available. Several hours may be required for Philmont staff to reach a remote backcountry location after a message is delivered to the nearest staffed camp. First aid and CPR training will result in proper and prompt attention being given to injuries and/or illnesses. **You must present current certification cards upon check in to verify this requirement."**

The Wilderness First Aid Basics course was developed by the American Red Cross Transylvania County (NC) Chapter to serve the needs of outdoor recreation organizations in the Southern Appalachian Mountains. It is a basic course in backcountry emergency response for those who work, live or play in remote areas - more than 30 minutes from emergency medical services. Even though emergency workers near these areas may be trained to search for and rescue those in need, there may be a significant delay in notifying rescuers, getting to the patient, and moving the patient to more advanced treatment.

This course includes classroom instruction, hands-on skills practice, and real-life scenarios. It covers assessment and urgent first aid techniques, but not CPR. There are no prerequisites. A minimum age of 16 is recommended for participants due to the serious nature of the course. You must pass a 50 question test at the end of the class with a score of 80%. A certificate good for 3 years is issued at course completion.

Bring your backpack with at least a couple of water bottles, sleeping bag, sleeping pad, some clothing, stuff sacks, web straps, etc to each class. Dress casually, you will be on the floor for skill practice and scenarios.

For more information, contact: Steve Mojonner, smojonnier@aol.com, 317-902-5115 or Sherry Webb at Crossroads of America Council, swebb@crossroadsbsa.org, 317-925-1900.

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Select a class: Class 1: September 23 and 30, and October 21 and 28, 2009

Class 2: February 3 and 24, and March 24 and 31, 2010

Cost: \$40.00

NAME: _____ DISTRICT: _____ TROOP/
CREW: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____

PHONE: (H) _____ PHONE (W): _____